

**APPLICATION
FOR
POCA 5-POINT EAR ACUPUNCTURE TRAINING**

Acupuncture is a method of treatment that has been used in China for over three thousand years for a variety of ailments. Auricular acupuncture for the treatment of addiction is a relatively recent development in the history of this ancient art. In 1972 a neurosurgeon in Hong Kong discovered that acupuncture alleviated withdrawal symptoms in opiate dependent patients who were undergoing surgical analgesia for other disorders. Over the next twenty-five years this treatment was extensively studied, expanded, and improved and is now used successfully in the treatment of all types of drug addictions as well as other behavioral health issues including trauma. Benefits include reduced cravings for alcohol and drugs, including nicotine; minimization of withdrawal symptoms; increased calmness, better sleep, and less agitation; relief from stress and emotional trauma; discovery of inner quiet and strength; easier connection with counseling; and an intention for recovery.

The purpose of this training is to offer an opportunity for professionals working within their current scope of practice in Colorado to become competent in the provision of this standardized 5-point ear acupuncture protocol. This includes, but is not limited to, nurses, physicians, acupuncturists, psychologists, social workers, marriage and family therapists, addiction counselors, professional counselors, and peer counselors. The three-day training will be held **Monday – Wednesday, September 11 - 13, 2023 at The Southern Ute Casino in Ignacio, Colorado (9am-5pm first two days and 9am-4pm third day)**. A total of 70 hours of training, clinical practice, meetings, and homework are required to attain a certificate of training from the People’s Organization of Community Acupuncture (POCA). The cost will be \$400 for the training, which includes \$50 to the POCA organization for membership. If you are serving the tribal communities, there are scholarships available so the cost to you will only be the \$50 POCA membership fee.

Applications must be submitted to Libby Stuyt, MD no later than **September 1, 2023**. The training will be limited to 20 people, so please get your application in as soon as possible. By signing below, you acknowledge your interest and intent to attend this 5-NP POCA Training.

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|----------------|-------------|
| Name (print): | Profession: |
| Current Title: | Telephone : |
| Employer: | E-mail : |

REASON FOR INTEREST IN TRAINING:

Please **attach** a short summary of why you want to participate in the 5- point ear acudetox training and how you plan to use the protocol. Please indicate if you are requesting a scholarship.

By signing below, I am committing to the completion of 70 hours of training and clinical practice hours to receive the certificate of training for the 5-point ear acudetox protocol:

Applicant’s Signature: _____ Date: _____

Applications must be submitted to Libby Stuyt, MD **no later than September 1, 2023**. E-mail/Scan Applications to: Libby Stuyt, MD, libbystuyt@msn.com