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Colorado COVID-19 Related Resources

(Please do not consider this a comprehensive list & always check sources for updates)

Webpages to Bookmark for Extensive Info & National Resources

Colorado COVID: https://covid19.colorado.gov/

OBH COVID-19 page & curated links: https://www.colorado.gov/pacific/cdhs/article/covid-19-behavioral-health-

<u>info</u>

SAMHSA (multitude of resources listed here): https://www.samhsa.gov/coronavirus

NAADAC – curated/updated list: https://www.naadac.org/covid-19-resources

For Everyone

Colorado Crisis Services: https://coloradocrisisservices.org/

Free Community support group: https://www.wholeconnection.org/cronovirus

Unemployment guidance in Colorado:

https://www.colorado.gov/pacific/sites/default/files/Worksheet%20for%20Extended%20Benefits.pdf

Psych Hub – mental health resources courtesy of Health One: http://psychhub.com/covid-19/

Resident Relief Fund: https://residentrelieffoundation.org/

Mind the Brain – article series from CU Dept. of Psychiatry: https://medschool.cuanschutz.edu/psychiatry/covid-

19-support/mind-the-brain

For Treatment & Recovery Organizations

SBA loan information: https://www.sba.gov/page/coronavirus-covid-19-small-business-guidance-loan-resources

The Colorado COVID-19 Relief Fund application: www.helpcoloradonow.org

Agencies who can assist with applying for relief-related funds: http://atlasfirms.com

& https://cbtcolorado.com/paycheck-protection-program/

Colorado Health Foundation funding: https://www.coloradohealth.org/covid-19-resources-nonprofits-and-funders

HCPF resources: www.colorado.gov/hcpf/covid

PPE Recycle Information:

https://www.cdc.gov/niosh/topics/hcwcontrols/recommendedguidanceextuse.html

Telebehavioral Health Institute: https://telehealth.org/ contact@telehealth.org/

Telehealth info for Colorado Providers: https://covid19.colorado.gov/telehealth-for-providers

Telehealth training/technical assistance: https://telehealthlearning.org/telehealth/

Telehealth training/technical assistance: https://telementalhealthtraining.com/

Telehealth platform options:

www.starttalking.io mark.nolte@starttalking.io - HIPAA compliant and encrypted video

https://www.clocktree.com/

https://zoom.us/healthcare

https://info.americantelemed.org/covid-19-news-resources

https://www.telehealthresourcecenter.org/

Employee stress:

https://www.ptsd.va.gov/covid/COVID_healthcare_workers.asp

RE: Operations & Service Delivery

42-CFR Guidance (SAMHSA): https://www.samhsa.gov/sites/default/files/covid-19-42-cfr-part-2-guidance-03192020.pdf

HIPAA Guidance: https://www.hhs.gov/hipaa/for-professionals/special-topics/emergency-preparedness/index.html

Telehealth for psychiatry: https://www.psychiatry.org/psychiatrists/practice/telepsychiatry/blog/apa-resources-on-telepsychiatry-and-covid-19

CDC Guidance for healthcare facilities: https://www.cdc.gov/coronavirus/2019-ncov/healthcare-facilities/guidance-hcf.html

Center for Connected Health Policy: https://www.cchpca.org/resources/covid-19-related-state-actions

For Clients

Digital resources:

https://myrecoverylink.com/digital-recovery-support/

https://www.addictionpolicy.org/connections-app

https://www.thetemper.com

Online/virtual meetings & support:

https://unityrecovery.org/digital-recovery-meetings

www.intherooms.com

https://thephoenix.org/covid19/

https://www.embarkreco.com/events (incl. meetings/support in Spanish)

https://advocatesforrecovery.org/events/

https://shareselfhelp.org/programs-share-the-self-help-and-recovery-exchange/self-help-support-groups/

https://www.naturalhighs.org/ (can sign-up for daily newsletter)

https://www.circleofparentsco.org/recovery (parenting in recovery support)

https://www.safeproject.us/article/announcing-virtual-collegiate-recovery-meetings/

www.MIRMeetings.com (mindfulness in recovery)

https://www.12step.org/social/online-meeting-calendar/

https://www.na.org/meetingsearch/

https://al-anon.org/al-anon-meetings/electronic-meetings/

http://aa-intergroup.org/directory.php

https://www.smartrecovery.org/community/calendar.php

https://www.smartrecovery.org/smart-recovery-toolbox/smart-recovery-online/

https://adultchildren.org/quick-search/?audiobt=Click+Here

https://www.jointempest.co/bridge-club-events?tag=Virtual%20Events (for gender minorities)

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https://refugerecovery.org/meetings?tsml-day=any&tsml-region=online-english

https://www.lifering.org/online-meetings

https://www.myrecovery.com/online-meeting/ Online 12-step meetings

https://www.sobergrid.com

https://www.thetemper.com/online-recovery-meetings-groups/

https://www.wefaceittogether.org/news/addiction-coaching-announcement (coaching)

 $\underline{https://meetings.therecoveryvillage.com/?utm_source=marketing_cloud\&utm_medium=email\&utm_camp$

<u>aign=ARSAnnouncement</u> (to set-up your own unique meeting)

For Parents, Families & Caregivers

https://www.centeronaddiction.org/treatment/resources-parents-families-caregivers

https://www.familiesanonymous.org/meetings/virtual-meetings

https://www.circleofparentsco.org/recovery (parenting in recovery groups)