

Colorado Consortium for Prescription Drug Abuse Prevention

8th Annual Meeting

Agriculture and Behavioral Health in Rural and Frontier Counties

October 22, 2020



University of Colorado
Boulder | Colorado Springs | Denver | Anschutz Medical Campus

Office of the Attorney
General



Office of the Governor



Welcome & Housekeeping

- Participants have been muted - unmute yourself in the Q&A
- Session is being recorded
- Please add any questions or comments into the chat box



Dan Waldvogle

is the Membership Coordinator for the Rocky Mountain Farmers Union where he works directly with their roughly 20,000 family farmers and ranchers across CO, NM and WY. Before his current position at the Rocky Mountain Farmers Union, Dan acted as the Director of Colorado Land Link where he facilitated partnership development between farmers, ranchers and landowners across the spectrum of work experience and education with the hope of maintaining the stewardship of our working lands and livelihoods.


Dan has a rich agricultural background where he has produced vegetables, forage crops, livestock and has worked in meat processing as well as in his family's ranching operation at Sycamore Canyon Ranch.

Daniel.Waldvogle@rmfu.org



Rural and Frontier

Understanding the complexities of Colorado's remote communities



These communities
are dynamic and
diverse. Any attempt
at categorizing them
should be taken
cautiously



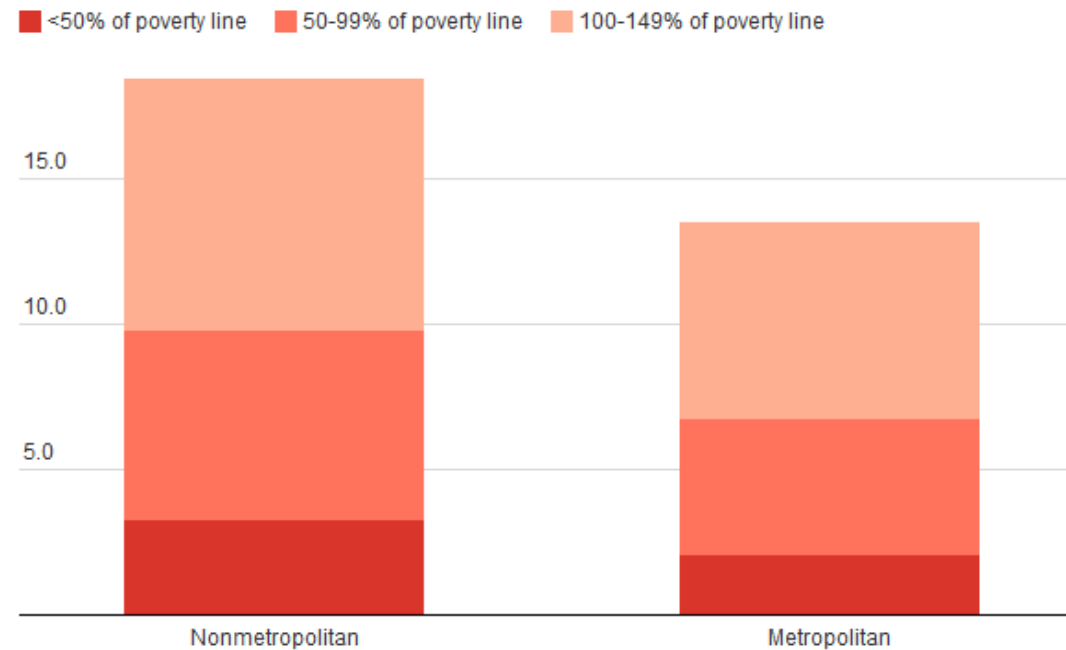


Rural and frontier areas
do face challenges

Poverty rates are higher in rural areas

American workers in poverty

Percent of U.S. householders aged 25-54 that worked at least part of the year in 2015, by poverty threshold.

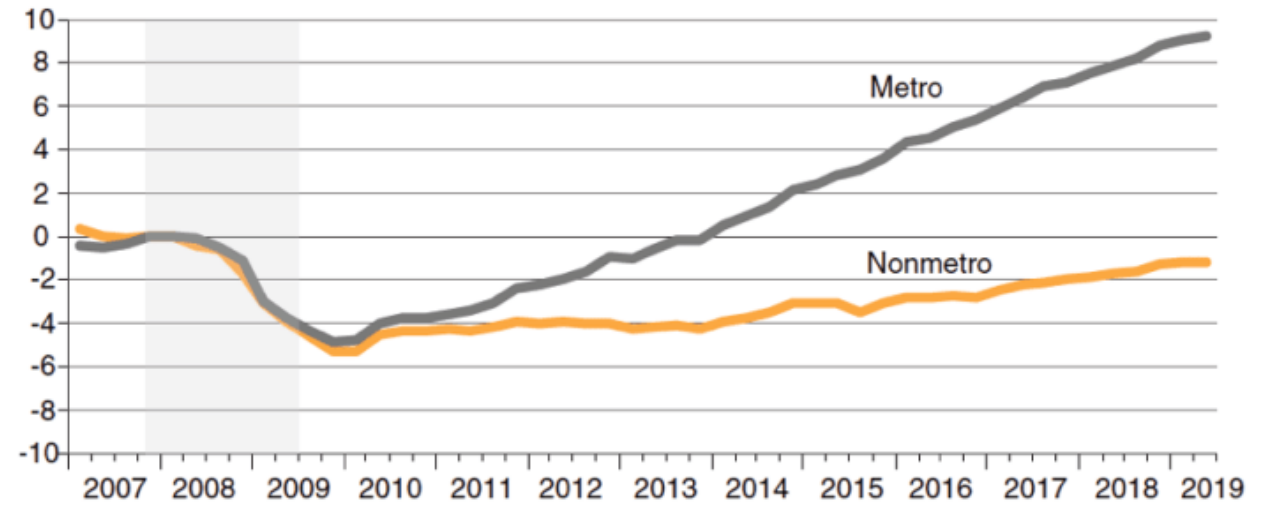


The Conversation, CC-BY-ND

Most new
jobs are not
in rural areas

Employment has grown more rapidly in metro than nonmetro areas since the Great Recession

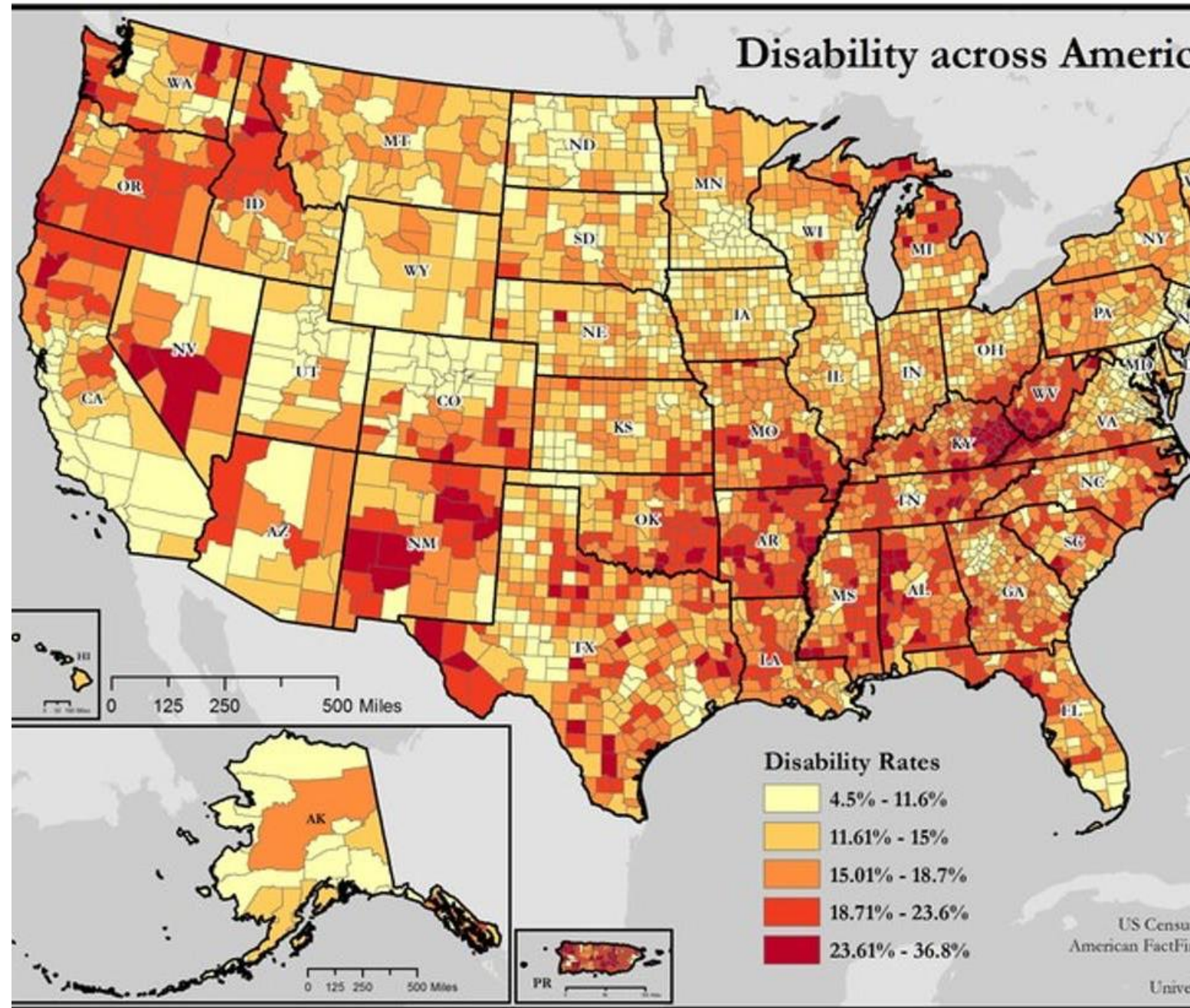
Percent difference from 2007 Q4



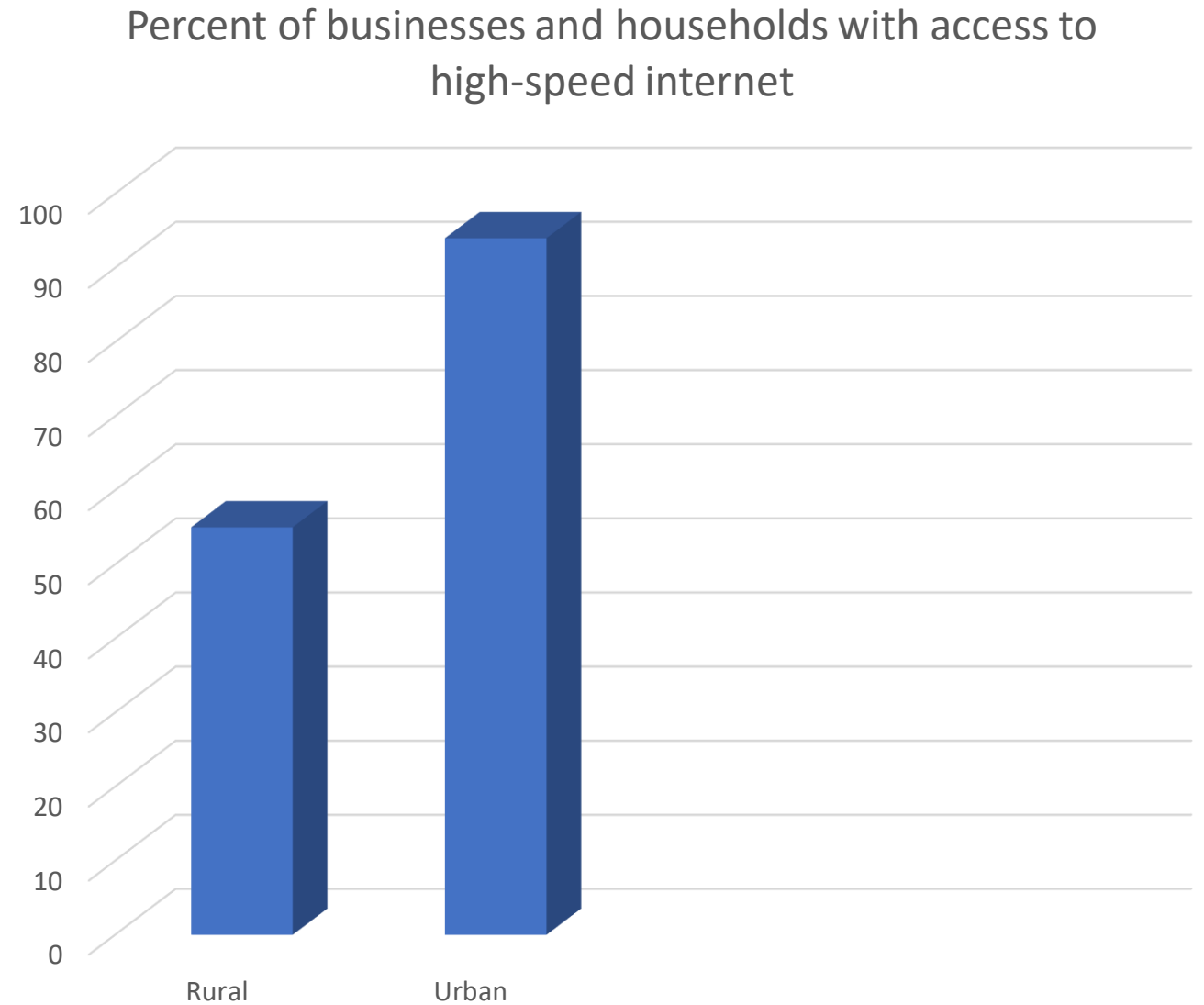
Note: Shaded area indicates Great Recession. Data are seasonally adjusted.

Source: USDA, Economic Research Service using data from the U.S. Bureau of Labor Statistics (BLS), Local Area Unemployment Statistics (LAUS).

Disabilities are more common in rural areas. 17.7% in rural compared to 11.8 in urban



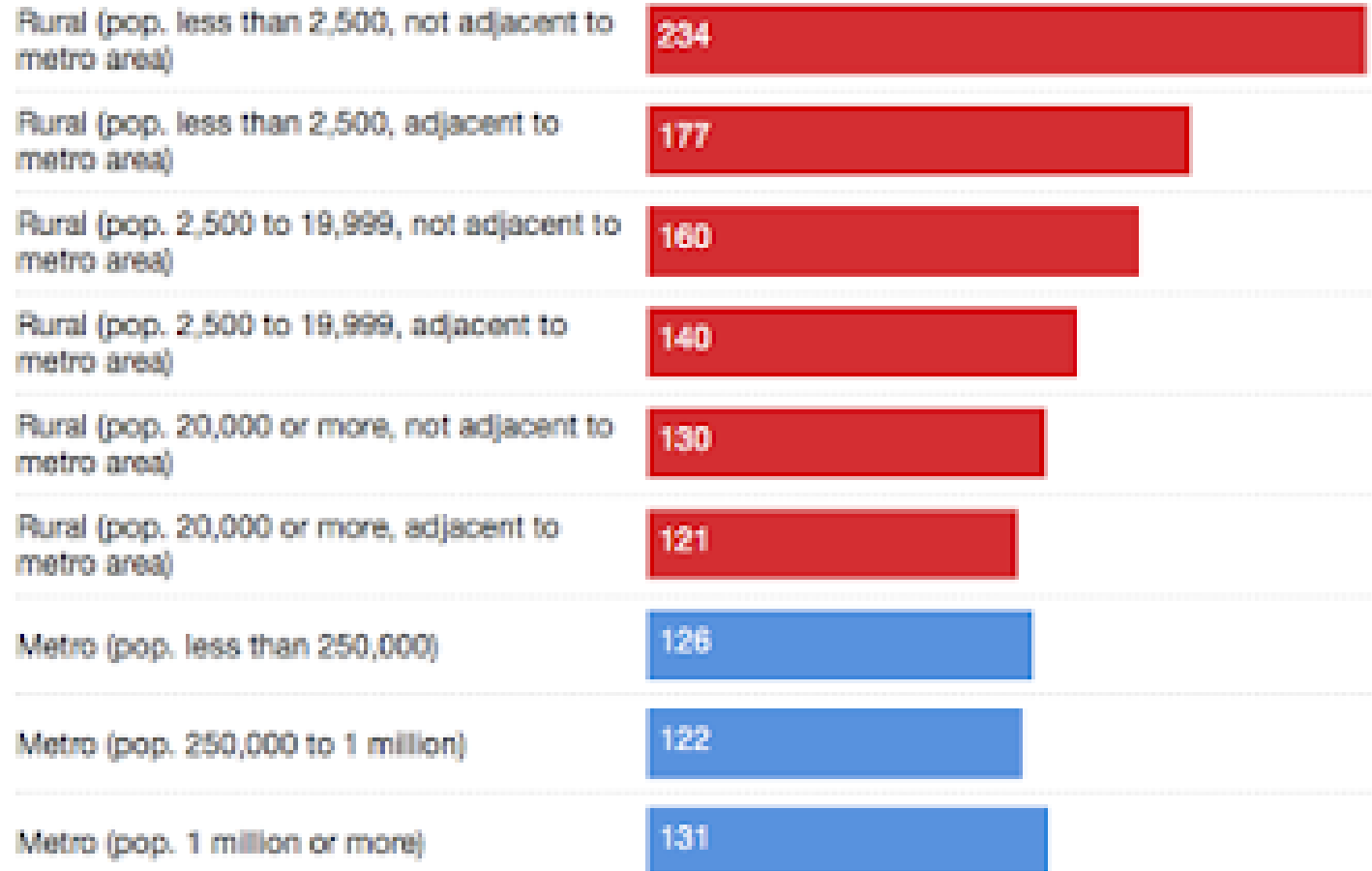
There is a gap
in broadband
connectivity



Council of state governments, 2018

Entrepreneurship per 1000 residents

Most people mistakenly believe that startups occur overwhelmingly in metropolitan areas. Yet it is in fact rural counties that have higher rates of self-employed business proprietors.



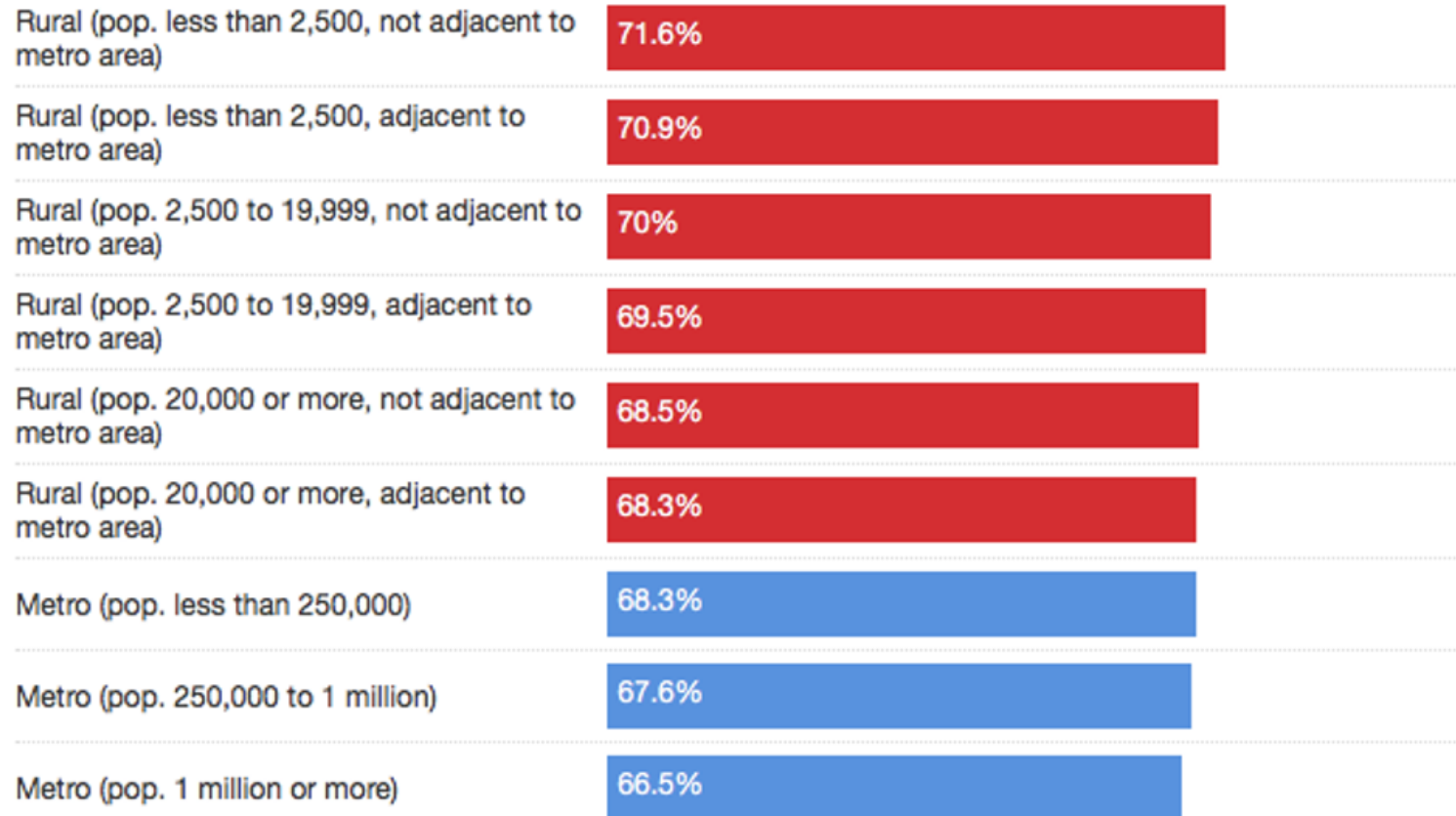
Entrepreneurship is measured here by proprietorship, a tax status indicative of at least one self-employed individual, who may also employ others. One proprietor may own multiple businesses.

The Conversation, CC-BY-ND

But...Rural
areas are
surprisingly
entrepreneurial

Five-year business survival rates

Rural businesses are, on average, more resilient than their metro cousins, despite the considerable economic advantages of urban areas.



Rural
businesses
are more
resilient



Population decline has slowed and is reversing in some areas

- Rural American population grew in 2016 and 2017 after six consecutive years of loss
- Net immigration trends are changing due to retirees and those who are working remotely

USDA ERS, 2018

People who live in rural areas are more likely to own their own homes, live in their state of birth and have served in the military than their urban counterparts, according to the latest data from the U.S. Census Bureau's [American Community Survey](#).

Perceptions of Rural
and Frontier
Communities

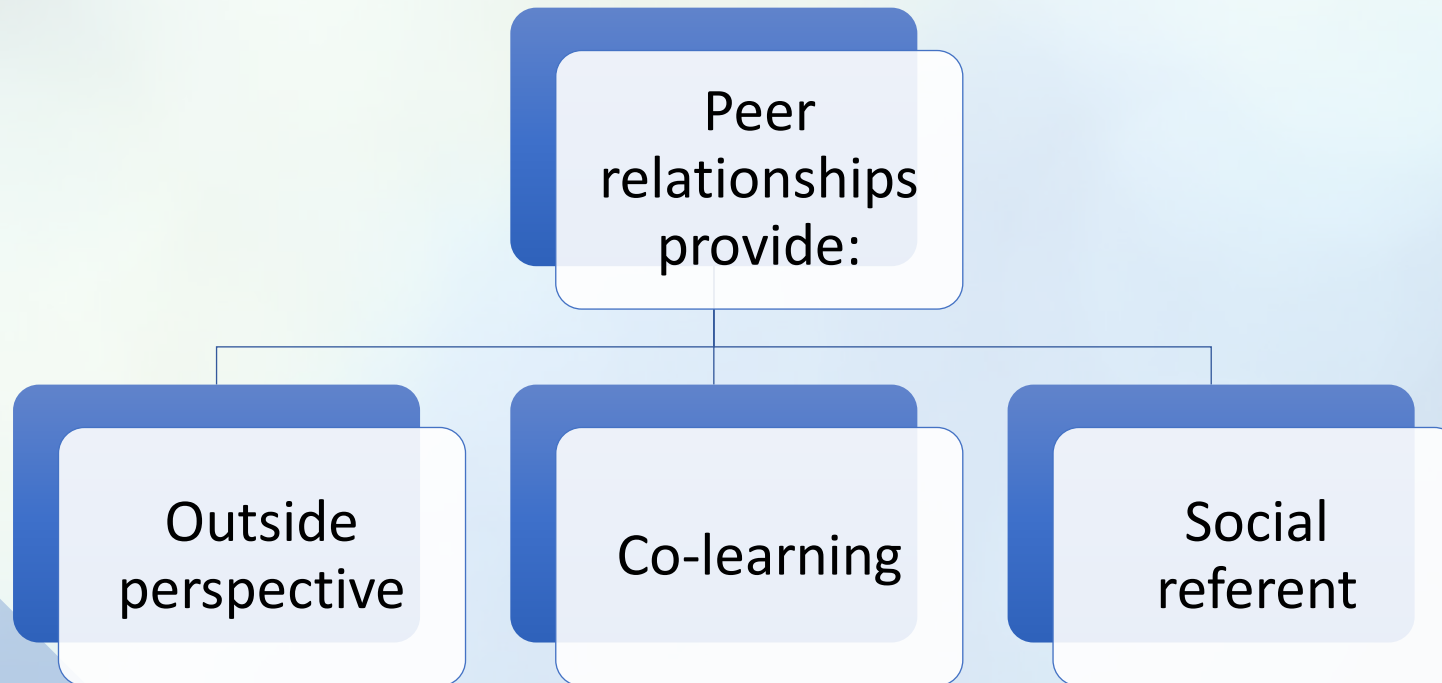
Stubborn, resilient, hard work,
true grit, stiff upper lip,
honest, commitment to
community, strong willed,
strong-silent type, proud, get
'er done, fix it

Independent while also connected by community

Sources of chronic
stress for farmers and
ranchers

Large debt levels, cash flow, family
business/legacy, control in markets,
balance of off-farm income, erratic
weather

Importance of Peer Relationships



Rural Peer Assistance Network



**General education on
recognizing and creating
strategies for managing
stress**



**Learning skills to
support your neighbors
and link them to
resources**



**Supporting peer
listeners**



**Connecting the links in
the chain of care**



Joseph (JC) Carrica III

is the Chief Executive Officer of Southeast Health Group, which serves a six-county rural and frontier region in the southeast corner of Colorado. This outpatient organization provides integrated psychiatric care, mental health counseling, substance use disorder services, primary care, wellness and prevention services, physical therapy, vocational training, and extensive peer support.

A fourth-generation native of southeast Colorado, Carrica earned a Doctorate in Interdisciplinary Leadership from Creighton University, and is a master's level counselor and certified addictions counselor. His 2014 dissertation focused on the referral barriers that affect the integration efforts of behavioral health and primary care in eastern Colorado. He currently serves as the president-elect of the Colorado Behavioral Healthcare Council, the statewide membership organization for Colorado's network of community behavioral health providers. He also serves as treasurer of the Southern Colorado Healthcare Network, comprising chief executive officers from 11 organizations serving the 30 counties of southern Colorado; 5 community health centers, and 1 hybrid organization combining both.

In July of 2020, Carrica was appointed to the National Council for Behavioral Health serving Region 8 (AZ, CO, MT, ND, SD, UT, and WY). He regularly speaks with health providers, policy makers, and behavioral health students at both the statewide and national level about rural and frontier integrated whole health initiatives and reform.



jcarrica@semhs.org



Brought to you by...



SOUTHEAST AREA
COLORADO STATE UNIVERSITY
EXTENSION

4RIVERS
EQUIPMENT



**LA JUNTA
LIVESTOCK
COMMISSION INC**



Perkins
CHEVROLET - BUICK - GMC



OTERO
JUNIOR COLLEGE



Our Mission Question that drives the project...



SUPPORTED INITIATIVE #1
Mental Health & SUD Awareness



*Copyright 2016 Regents of the University of Colorado. All Rights Reserved.
For permission to use content for purposes other than COMET, please
contact us at hprn@ucdenver.edu.*

SUPPORTED INITIATIVE #2
Building Advisory Groups

BUILDING AG ADVISORY GROUPS

- 1) Community designed;
- 2) Community driven (can be region specific);
- 3) It is culture specific;
- 4) It is sustainable and easily replicable;
- 5) There are both Gatekeepers and Investors (not \$)



SUPPORTED INITIATIVE #3 Understanding "Red Flag"

2018 Colorado Health Information Dataset Mortality Statistics

Intentional Self harm (suicide) deaths = 2558

- by discharge of firearm = 1294
- this accounts for nearly 51%

Drug induced deaths = 2,117

Alcohol induced deaths = 2,193

https://cohealthviz.dphe.state.co.us/t/HealthInformaticsPublic/views/COHIDFullDeathQuery_StateDemographyPopEstimates/MortalityStatistics?iframeSizedToWindow=true&.:embed=y&.:showAppBanner=false&.:display_count=no&.:showVizHome=no

Gun Shop Project

Colorado Department of Public Health & Environment

GUN OWNERS, YOU CAN HELP.

Are you concerned about a friend or a family member?

- Are they suicidal?
- Depressed, angry, impulsive?
- Going through a relationship break-up, legal trouble or other setback?
- Using drugs or alcohol more often?
- Withdrawing from things they used to enjoy?
- Talking about being better off dead?
- Losing hope?
- Acting reckless?
- Feeling trapped?

Putting time and distance between a suicidal person and a gun helps keep them safe.

Explore options to temporarily store guns out of the home.

YOU MAY EVEN SAVE A LIFE!

SUICIDES IN COLORADO FAR OUTNUMBER HOMICIDES.

There are about 4 firearm suicides for every 1 firearm homicide.

FIREARMS ARE THE LEADING METHOD OF SUICIDE.

Firearms are used in half of all suicide deaths.

CALL THE COLORADO CRISIS AND SUPPORT LINE AT:
1-844-493-TALK (8255)

TEXT THE WORD:
"TALK" to 38255

GO ONLINE TO:
coloradocrisiservices.org

adapted from:

Questions

Mike Engebrecht

mengebrecht@shgco.org

(719) 383-5466

Law Enforcement Liaison

Southeast Health Group

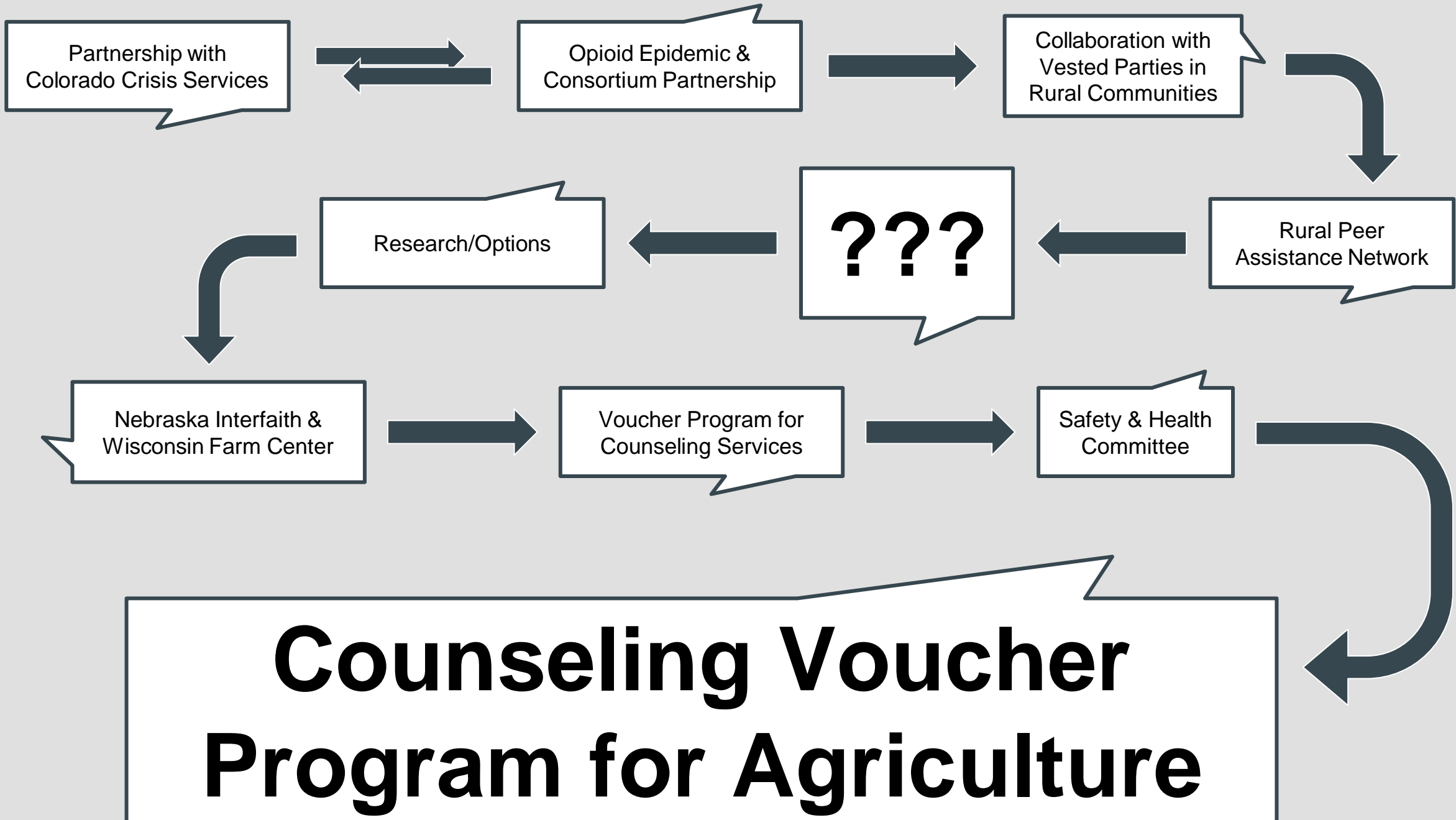


becca@coloradofb.org

Rebecca Edlund

is a city girl who loves rural Colorado, particularly the farming and ranching community. As Associate Director of Membership and Technology at Colorado Farm Bureau, she supports many aspects of the organization's grassroots leadership, program development, and events. Mental health isn't officially in her job title, but her passion for the well-being of Colorado's agricultural families drives her commitment to the Colorado Agriculture Addiction and Mental Health Program (CAAMHP), of which she is currently serving as the Program Coordinator.





Counseling Voucher Program for Agriculture



Community Priorities:

- There is a need.
- The time is now.
- Addiction and mental health are both considerations.
- Assurance of anonymity.
- Particular interest in remote (telehealth) services (for anonymity and time considerations).
- Cultural competencies/sensitivity training is critical.
- Six sessions is a good start.

Agricultural Industry and Friends

Voucher Program Overview

- **6 vouchers** available to farmers and ranchers across the state
- **Good for 1 year**
- **Expired/unused vouchers renewable**
- **Telehealth** focus initially
- **High level information returned by counselor for reporting** (i.e. general occupation, age range, county of residence, marital status, reason for assistance, clinical diagnosis)
- **Grant funded** initially
- **Ongoing rate availability** (individual cost)

Support Resource: Provider Network

- Licensed
- Cultural sensitivity completion
- Rate agreement

Support Resource: Referral Network

- Medical Providers
- Colorado Crisis Hotline
- You

Support Resource: Partners/Stakeholders

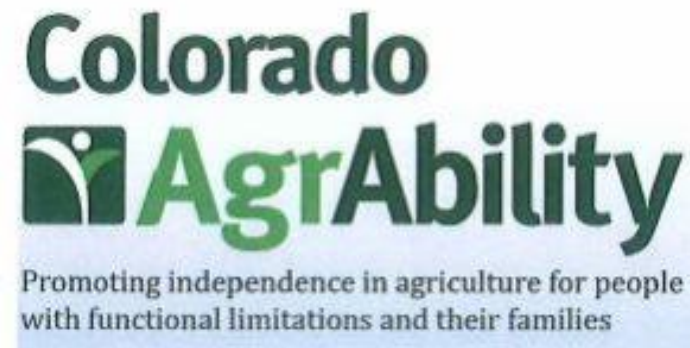
- Program Oversight
- Communications



Candiss Leathers

was raised in rural Colorado in an agricultural setting and has worked in the field of Vocational Rehabilitation and Disability services for over 40 years. She has served as Project Manager for the Colorado AgrAbility Project for the last seven years, serving farmers and ranchers affected by an injury, long term illness, or other functional limitations to remain involved in agricultural work by providing assistance, information and education.

cleathers@goodwilldenver.org



Colorado AgrAbility

Promoting Independence in Agriculture



What Are AgrAbility Services?

- Provide **free on-site visits** and assessments how to make your home, shop, farm/ranch more accessible.
- **Recommend** farm equipment **adaptations**, home modifications, and shop modifications.
- **Offer information on where you can purchase** assistive technology.
- Assist individuals with substance use or mental health disorders (or their family members) to find treatment and case management services



University of Colorado
Boulder | Colorado Springs | Denver | Anschutz Medical Campus

Office of the Attorney
General



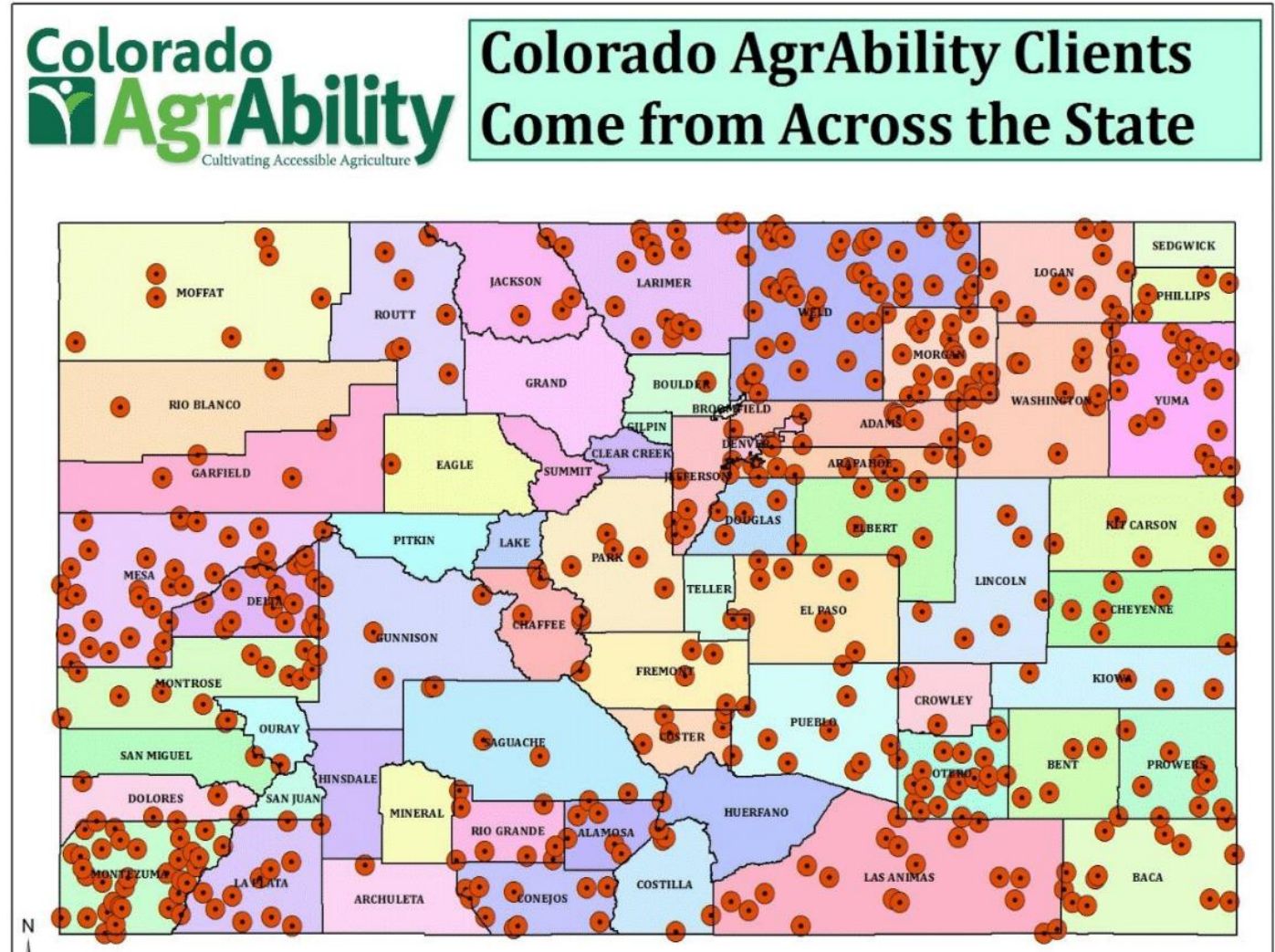
Office of the Governor



Who is eligible for AgrAbility services?

- A farmer or rancher involved in production agriculture or intending to be.
- Have a disability or limitation.
- A family member of a farmer/rancher (spouse, children, or parent) who has a disability.

Over 465 individuals have received assistance



University of Colorado
Boulder | Colorado Springs | Denver | Anschutz Medical Campus

Office of the Attorney
General



Office of the Governor



Q&A Session

Additional information online at:

<https://www.rmfu.org/>

<https://www.southeasthealthgroup.org/>

<https://www.coloradofarmbureau.com/>

<https://agrability.agsci.colostate.edu/>

Thank you!

Please join us for the general session at 9:45

<https://ucdenver.zoom.us/j/94087018876>

Or Telephone:

US: +1 669 900 6833

Webinar ID: 940 8701 8876



University of Colorado
Boulder | Colorado Springs | Denver | Anschutz Medical Campus

Office of the Attorney
General



Office of the Governor

