

Colorado Consortium Affected Families & Friends Resource Guide*

This resource guide contains information intended to be helpful to family members or friends impacted by a loved-one’s substance use or overdose.

Members of the Affected Families & Friends Work Group curate the following information and attempt to keep it up-to-date as possible. However, information listed can change unannounced and visiting the website or contacting the agency is always recommended. If you discover incorrect information or have recommendations for additional resources for this guide, please email the Affected Families & Friends Work Group co-chairs: Sarah Werner (sjwern@gmail.com) or Tracey Ritter (tritter41@gmail.com).

*Listing in this guide is not an endorsement by the Colorado Consortium for Prescription Drug Abuse Prevention, the Center for Prescription Drug Abuse Prevention, the University of Colorado, or its affiliates.

Information and Support (General)			
Entity	Purpose	Access via:	Associated Cost(s)
Partnership to End Addiction	Provide parents with support, information, and telephonic/text coaching is available. English and Spanish information/services are available.	https://drugfree.org/ Text CONNECT to 55753 to contact a family coaching specialist	Free
Cody’s Fresh Start	Providing resources and information to parents, periodic support groups	http://www.codysfreshstart.org/	Free
Generations United	Resources for grandparents raising grandchildren due to parent substance use.	https://www.gu.org/resources/grand-resource-help-for-grandfamilies-impacted-by-opioids-and-other-substance-use/	Free
JP Opioid Interaction Awareness Alliance	Resources for individuals & communities regarding dangers of combining opioids with other medications	https://www.jpopioidalliance.org/	Free
Mom Power	Support and resources for mothers of a child with a substance use disorder. Managed by Sandy Swenson	http://mompower.org/	Free and some services/products for sale.
Rural Alliance Addressing Substance Use Disorder Colorado RAS-COL	Providing resources specific to NW Colorado	https://solvingsudtogether.org/friend-family-resources/	Free

Support Groups (Grief-specific)				
Entity	Purpose	Location/Venue	Cost(s)	To Learn More:
GRASP - Grief Recovery After a Substance Passing	Support group for parents who have lost a child to substance use	In-person: Grand Junction, Pueblo, Steamboat Springs Telephone: Mon, Tues, Thurs, Fri evenings	Free	www.palgroup.org
TRU Community Care	Support group for anyone who has lost a loved one to overdose	Online: 2 nd Thursday of each month, 6:00-8:00pm. Registration required. Call to register: (303) 604-5213	Free	www.TRUcare.org
The Compassionate Friends	Provides support for bereaved family members from any cause of death.	Individual online support and in-person chapters/groups. Also has 24/7 private Facebook groups that can be joined.	Free	http://compassionatefriends.org

Bereaved Parents of USA	Provides support for bereaved family members from any cause of death.	In-person and online support groups	Free	https://www.bereavedparentsusa.org
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Support Groups (General)

Entity	Purpose	Location/Venue	Cost(s)	To Learn More:
CRAFT – Community Reinforcement Approach to Family Training	Educational program offered to parents and family members on coping, communication, boundary-setting, and many other necessary skills/tools.	In-person and online, professionally-facilitated groups. 12-week curriculum covered. Offered in multiple counties across Colorado. See list of free groups across Colorado, funded by the Office of Behavioral Health.	Free	
Circle of Parents (Colorado Chapter)	Supporting parents with a variety of parenting concerns. Some groups are specific to parents in recovery.	In-person and some online groups available.	Free	https://www.circleofparentscolorado.org/
Cody’s Fresh Start	Support and information discussions	Online	Free	http://www.codysfreshstart.org/
Sandstone Care	Support group for parents	Online; registration required	Free	https://www.sandstonecare.com/for-parents/parent-support-groups
Al-Anon	12-Step-based ongoing support group for adults with a partner with an alcohol use disorder.	Online	Free	
Al-Ateen	12-Step-based ongoing support group for teenagers with a parent who struggles with substances.	Online and in-person	Free	
Nar-Anon	12-Step-based ongoing support group for loved ones of an individual with a narcotic disorder.	Online and in-person	Free	

Family Programs Offered by Treatment Facilities

Agency	Information	Website	Phone/Email
CeDAR	Family workshops. Your loved one does not need to have been in treatment at CeDAR. Fees may apply. Contact Stephanie Johnson.	www.cedarcolorado.org	(720) 848-3023 Stephanie.johnson@uchealth.org
Betty Ford Children’s Program	Workshops for children (7-12) impacted by a family member’s substance use. Fees may apply.	https://www.hazeldenbettyford.org/treatment/family-children	(303) 745-2275

Northstar Transitions	Free, four-week empowerment workshop for families (one night per week).	To register for July/Aug 2021 session: https://www.eventbrite.com/o/northstar-transitions-18446670087	Email Bre Wolta for info: bre@nstprogram.com
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Treatment & Resource Locators

Entity	Details	Website
Recovery Resource Hub	Contains map of variety of resources, including, but not limited to: treatment, recovery support, advocacy, prevention, housing, etc.	www.recoveryresourcehub.org
Colorado Treatment Finder	Treatment services licensed with the Office of Behavioral Health	https://www.colorado.gov/ladders

Social Media Groups

Drug Epidemic Walk Across America	Private Facebook group for parents who have lost a child to drug use.	https://www.facebook.com/groups/509224853015202/
Moms Against Drugs		www.momsagainstdrugs.com

National Advocacy Groups

Shatterproof	Provides advocacy and information about types of treatment, accreditation, & standards. Anti-stigma campaign and resources for communities and employers.	https://www.shatterproof.org/
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Other Resources

OpiRescue	Smartphone app that houses overdose and treatment resources, including step-by-step guide on how to walk-through a rescue effort using naloxone (Narcan).	Learn more at https://opisafe.com/products/opirescue Or look for OpiRescue in your App Store.
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