

Colorado Consortium for Prescription Drug Abuse Prevention

Prescriber & Provider Work Group Meeting Minutes

May 21, 2020 via Zoom

Present:

Joshua Blum, MD, Co-chair, Denver Health
Steven Wright, MD, Porter Primary Care
Elizabeth Cruse, MD, Boulder Community Health
Elizabeth Grace, MD, CPEP
Rachel Linger, Rocky Vista University
Meredith Davis, OBH
Peer Assistance Services: Bethany Pace-Danley, Kevin Hughes, Kelsey Robinson
Kim Fairley, Colorado AHEC
Dan Waldvogle, Rocky Mountain Farmers Union
Consortium: Susanna Cooper, Jessica Eaddy, Judy Solano, Michael Davidson, Rosemarie MacDowell

Absent:

Lesley Brooks, MD, Co-chair, Sunrise Community Health; Jonathan Clapp, MD, Pain Physician
Lynn Parry, MD, Colorado Medical Society; John Battisti, Pear Therapeutics; Sharon
Langendoerfer, MD; J.K. Costello, The Steadman Group; Linda Zittleman, CU Anschutz
Department of Family Medicine; Nancy Steinfurth, Liver Health Connection; Lee Newman, MD,
Colorado School of Public Health; Lisa Pearson, DNAP Canon City; Karen McGovern, Medical
Board; Kate Alfano, Colorado Medical Society; Janet VanOstenbridge; Don Hill, JP Opioid
Interaction Awareness Alliance; Ronne Hines, DORA; Alan Lembitz, MD, COPIC; Kathryn
Mueller, MD, Colorado Division of Worker's Compensation; Brad Young, RxPlus Pharmacies;
Christine Nevin-Woods, Pueblo City/County Health Department; Cheryl Hara, Center for
Personalized Education for Physicians; Jennifer Ziouras, MD, Kaiser Permanente of Colorado;
Patsy Cullen, PhD, Regis University School of Nursing; Karen Hill, JP Opioid Interaction
Awareness Alliance; Lynda Hamner, Mesa County Medical Society; Ellen Price, DO, Mesa
County Medical Society; Robert Willis, Albertsons/Safeway; Judy Margolis, MD; Daniel Shodell,
CDPHE; John S. Hughes, MD, Colorado Medical Society; Lindsey Myers, CDPHE; Katherine
Garcia, Peer Assistance Services; Hayes Veeneman, Community Member; Cathy Traugott,
HCPF; Kavitha Kailasam, Rise Above Colorado; Lyndsay Krisher, Colorado School of Public
Health; Brandon Utter, HCPF; Greg Sabatos, Mental Health Center of Denver; Tom Denberg,
MD, Pinnacol; Cindy Armstrong, Colorado AHEC; Greg Haitz, Colorado Chiropractic
Association; Jo Donlin, DORA Healthcare Branch; Amanda Tompkins, MD Candidate; Kristina
Green, CDPHE; Kristy Jordan, Signal Behavioral Health Network; Courtney Ryan, Telligen;
Brett Kessler, Colorado Dental Association; Lili Tenney, Colorado School of Public Health;
Michael Henry, UC Denver School of Dental Medicine; Jess Fear, Health District of Northern
Larimer County; Allison Harden, Beyond Betty; Tiffany Tuetken, Porter Health Solutions; Andres
Guerrero, CDPHE; Daniel Pacheco, CU Anschutz Department of Family Medicine; Meghan
Prentiss, Tri-County Health Department; Laura Don, Tri-County Health Trailhead Institute; Mike
Orrill, Chaffee County Public Health; Rachel Wendt, DC, Colorado Chiropractic Association;
Deb Jacobson, MD, SCL Health Medical Group; Paul Cook, UC Denver College of Nursing;
Shayna Miccuci, CDPHE; Terri Schrieber, Schrieber Consulting Group; Jillian Adams, Illuminate

Colorado; Amy Goodman, Colorado Medical Society; Randall Seeman, Peak Vista Community Health Centers; Jolletta Belton, Endless Possibilities Initiative; Krystle Hart, RN; Elizabeth Pace, Peer Assistance Services; Cori Howard, Central Colorado AHEC; Jonathan Bihl, UC Denver; Stephanie Salazar-Rodriguez, Mile High Health Alliance; Katya Mauritson, Department of Health; Don Teater, MD, Teater Health Solutions; Sundar Rajendran, MD; C. Montanez, Dental Health Colorado; Elizabeth Perryman, Upstream Mindfulness; Chanda Hinton, Chanda Foundation; Ethan Moses, Colorado Division of Worker's Compensation; Kyle Knierim, CU Anschutz Department of Family; Medicine; Linda Sample, Citizens for Patients Safety; Steven Young, MD, UC School of Medicine, ARTS; Hattie Landry, Illuminate Colorado; Qing Li, Epidemiologist; Kira Litvin, CU Anschutz; Mike Van Dyke, CU Anschutz; Jennifer Lansing; Consortium: Rob Valuck, Jose Esquibel, Gina Olberding, Jamie Feld, Jen Place, Tyler Payne, Lindsey Simbeye

Susanna Cooper, work group Program Manager, called the meeting to order at 12:05 p.m.

Approval of Minutes:

A motion was made to approve the March 2020 meeting minutes. Motion approved.

Online Education Modules Update:

Ninety percent of the digital online modules have been completed by Rocky Mountain Public Health Training Center. Additional modules will be completed by mid-summer. (See module list and links below).

Lunch and learn sessions are being held three times per month on Wednesdays. Sessions are eligible for CME credits. Susanna asked work group members to share these sessions with their networks when they receive email notifications.

Provider Education Opportunities for Rural & Agricultural Communities

Rocky Mountain Farmers Union is an advocate for family farmers and ranchers in Colorado, New Mexico, and Wyoming. The Farmers Union has approximately 50,000 members nationwide.

Dan Waldvogel, Membership Coordinator for RMFU, said the farmers union is trying to establish an education program specifically targeting the farming and ranching population, as well as their providers, in order to help provide this population with information about available resources and services. He would like to obtain input from the work group. Some of the issues they are dealing with include suicide prevention and substance use. He also spoke about the possibility of establishing a voucher program, since many farmers and ranchers are "asset rich, but cash poor."

Comments/questions:

Josh Blum mentioned the work done in rural areas by Dr. Jack Westfahl. Kim Fairley said that Dr. Westfahl is a member of their working group as is Linda Zittleman.

Jessica Eaddy said that the rural population presents very differently in a clinical setting and that an education module targeting the farming and ranching culture might be very helpful. She mentioned an organization that has already developed a similar module and an upcoming grant application that she is working on. Some of the concerns of this population may not be apparent to urban physicians. Approximately 100 farm workers are injured on the job every day and often have to travel to urban areas for care from a specialist unfamiliar with the rural culture. The Colorado Hospital Association also sends urban specialists to rural areas to treat patients and they, too, could benefit from education related to rural patient treatment.

Meredith Davis mentioned her past work as an addiction counselor in W. Virginia. She said it would be pertinent to consider how the rural population might respond to the anxiety and depression screening questions, and that rural providers might have a better understanding of how to treat this population. She recommended utilizing the peer assistance network.

Steve Wright noted that there are a number of accounts of drug access for pain management through large animal veterinarians. There is a very high rate of illicit drug use due to an attempt to maintain a rigorous work schedule.

Josh said that next steps would involve module development. He and Jessica will discuss this further offline.

Work Group Member Updates:

Josh Blum: The medical school has asked for assistance with curriculum revision that would include additional pain management education. This will be discussed further at a future work group meeting.

Liz Grace, CPEP: All of CPEP's intensive seminars have been transferred to online webinar formats through the month of September. The transition has been very successful. She expects that fourth quarter seminars will also be held online.

Rachel Linger, Rocky Vista University: Rachel is developing a chronic pain management elective for her third and fourth year medical students, which will include prevention and treatment of substance use disorders as well as waiver training for eligibility upon graduation. The Rocky Vista Curriculum Committee has approved the course, and she is currently developing the elective with their clinical education department. She has also been working with CU colleagues and looks forward to assistance from the Provider Education Work Group. Rachel will provide more information about course content for the July meeting.

Kevin Hughes and Kelsey Robinson, Peer Assistance Services: They have transferred their work to online training and technical assistance. Recent training included nurses in the Jefferson County School District, Northern Colorado Health Alliance, and other family clinics. They also offer continuing education credits for physicians, pharmacists, nurses, and social workers.

Judy Solano: The Southern Colorado Harm Reduction Center recently received a grant. They will be collaborating with their local public health and sheriff's departments. The program includes work with individuals in the jails regarding personal development and eventual access to services upon release.

Meredith Davis, OBH: The SOR Year 2 grant ends the end of September 2020. They have applied for a continuation. Three of their mobile health units are offering medication assisted treatment in rural areas of Colorado. Agencies are also offering pop-up services.

Adjournment and Next Meeting:

The meeting adjourned at 1:01 p.m. The next work group meeting will be held on Thursday, July 16, 2020 from noon to 1 p.m. via Zoom.

Module Links:

1. Benzodiazepines: <https://registrations.publichealthpractice.org/Benzodiazepines---Boon-or-Blunder>
2. Fibromyalgia: <https://registrations.publichealthpractice.org/Fibromyalgia>
3. Non-Opioid Pain Management: <https://registrations.publichealthpractice.org/Non-Opioid-Pain-Management>
4. Motivational Interviewing: <https://registrations.publichealthpractice.org/Motivational-Interviewing-for-Discontinuing-Opioids>
5. PT Role in Pain Management: <https://registrations.publichealthpractice.org/PT-Role-in-Pain-Management>
6. Pelvic Pain: <https://registrations.publichealthpractice.org/Pelvic-Pain-for-the-Primary-Care-Physician>
7. Acupuncture: <https://registrations.publichealthpractice.org/Acupuncture>
8. Personal Journey: <https://registrations.publichealthpractice.org/Personal-Journey>
9. Behavioral Factors: Production has been finalized. Currently closed captioning. Review pending.
10. Spine Interventional Procedures: Pending production